

Somerset End of Life Care Education Prospectus



2023-2024



Contents

In person courses	page 3
Simulation Education	page 7
Bespoke	page 8
Online Community of Practice	page 8
The Somerset End of Life Care Education Award	page 9



Welcome...

...to the 2023-2024 Somerset End of Life Care Education Prospectus.

This booklet aims to showcase and signpost all the education on offer to anyone with an interest in EOL and palliative care. In Somerset we have linked together as one network to offer end of life care education across a wide range of topics, most of which are open to all, and delivered either for free or at minimal cost.

The content is divided into in person education sessions on a rolling program over the year, webinars, simulations, e-learning and also presents how you can access bespoke content for yourself, team or service from the network if none of our core content quite fits your learning needs.

We are delighted to also introduce our Somerset End of Life Care Education Champion Award. Each piece of education undertaken and recognised by the network is awarded a certain amount of credit. Once you accrue 12 credits you can apply for your Award and receive a certificate and pin badge, along with a free* ticket to the Somerset End of Life Care Conference.

All course bookings and content is available online through **somerset.eolcare.uk** unless otherwise featured.

This booklet is designed to be accessed as both an e-book and a paper handout, hence the inclusion of both URLs to click on and QR codes to scan with your mobile.

*whilst stocks last

In Person

Communication

Communication in End of Life Care

Run by Somerset End of Life Care Team

Duration - 6 hours

Open to - everyone

Credits - 6

Follow the end of life care experience of our case study patient, Juliette, to the end of her life. This course features content on communication skills, advance care planning, treatment escalation planning, palliative rehabilitation, spirituality, symptom management, dying and care after death.

Book here:

[Somerset End of Life Care Education | Resources | End Of Life](#)
(eolcare.uk)



Difficult Conversations in End of Life Care

Run by Somerset End of Life Care Team

Duration - 6 hours

Open to - Nursing staff only

Credits - 6

Engage in a full day of developing your communication skills alongside medical actors. This is an interactive day where you will have the opportunity to explore techniques to help best support both patients and those around them struggling with anticipatory grief.

Book here

[Somerset End of Life Care Education | Resources | End Of Life](#)
(eolcare.uk)



‘What Do I Say?’

Run by Somerset NHS FT- MPH Site

Duration - 6 hours

Open to - Somerset NHS FT staff only

Credits - 6

A one day interactive workshop which builds on basic communication skills and gives you skill and techniques to deal with those ‘difficult’ questions.



Book here

[Somerset NHS Foundation Trust Education | Resources | End Of Life](#) (eolcare.uk)



Intermediate Communication Skills

Run by Somerset NHS FT- MPH Site

Duration - 6 hours

Open to - Somerset NHS FT staff only

Credits - 6

This study day will look at the core communication skills that need every day situations with patients, relatives and colleagues. It will focus on two models of communication ENGAGE and SPIKEs which will look at breaking bad news and how to use our time with patients smarter.



Book here

[Somerset NHS Foundation Trust Education | Resources | End Of Life](#) (eolcare.uk)



Symptom Management

Ambassadors in Palliative Care

*Run by Somerset NHS FT- MPH Site
Duration - 3 days (non-consecutive)
Open to - Somerset NHS FT staff only
Credits - 18*



Book here

[Somerset NHS Foundation Trust Education | Resources | End Of Life \(eolcare.uk\)](#)



This is a 3 day course suitable for clinical staff (Band 3 or above) who provide care for patients with specialist palliative care symptom control needs and/or end of life care. The course will help develop a better understanding of common symptoms experienced by palliative and end of life care patients and best management of these symptoms. It will improve knowledge and skills in understanding how best to care for someone who is dying, essential nursing and spiritual care and identifying patient and family priorities at the end of life. There will be a focus on the ethical and legal issues raised in palliative and end of life care.

Last Days of Life Care

*Run by Somerset NHS FT- YDH Site
Duration - 6 hours
Open to - Everyone
Credits - 6*



Book here

[Somerset NHS Foundation Trust Education | Resources | End Of Life \(eolcare.uk\)](#)



This course is run by the Yeovil-based Palliative Care team and focuses on symptom management in the last days of life. There are two courses available, one aimed at nurses, the other at healthcare assistants.

Use of Syringe drivers

*Run by St Margaret's Hospice/
Somerset NHS Foundation Trust
Duration - Half a day
Open to - Registrants only. However, please see your clinical area and local training if you are not registered but expected to manage syringe drivers
Credits - 3*



Book here

[St Margaret's Hospice Education | Resources | End Of Life \(eolcare.uk\)](#)



It is a patient-focussed session covering why and when syringe drivers are used as well as considering communication with the patient and their loved ones. It is an interactive practical demonstration of syringe drivers currently in use across Somerset designed to increase confidence in setting up a syringe driver, common problems that arise and how to deal with them.

Malignant Wound Management

Run by St Margaret's Hospice

Duration - Half a day

Open to - Everyone

Credits - 3



Book here

[St Margaret's Hospice Education | Resources | End Of Life \(eolcare.uk\)](#)



This workshop covers the causes and characteristics of malignant fungating wounds and explores the best strategies to help alleviate the distressing physical and psychosocial symptoms often experienced by patients as well as their families.

Heart Failure Study Day

Run by St Margaret's Hospice

Duration - One day

Open to - Everyone

Credits - 6



Book here

[St Margaret's Hospice Education | Resources | End Of Life \(eolcare.uk\)](#)



This study day explore how best to support the patient with heart failure with reference to the Somerset Guidance for End Stage Heart Failure

Advance Care Planning and Treatment Escalation Planning

Treatment Escalation Planning - Conversation Skills

Run by Somerset End of Life Care Education

Duration - 2 hours

Open to - Everyone

Credits - 2

Book here

[Somerset End of Life Care Education | Resources | End Of Life \(eolcare.uk\)](#)



This workshop discusses use of the TEP in more detail as well as suggestions for practice in how to have empathetic and honest conversations about treatment and resuscitation with patients and their families.

Advance Care Planning

Run by Somerset End of Life Care Education

Duration - 2 hours

Open to - Everyone

Credits - 2

Book here

[Somerset End of Life Care Education | Resources | End Of Life \(eolcare.uk\)](#)



This workshop explores the importance of ACP, how to gather and embed use of the ACP in care and signposts towards useful services to enable completion.

Care after Death/Bereavement

Verification of Death and Care after Death

Run by St Margaret's Hospice

Duration - Half a day

Open to - Healthcare professionals who need to verify an expected death

Credits - 3



St Margaret's
Hospice Care

Book here

[St Margaret's Hospice
Education | Resources
| End Of Life \(eolcare.
uk\)](#)



This is an interactive session is for health care professionals who may need to verify an expected death. It covers the role, responsibilities as well as the terminology and the legal position. It gives an opportunity to explore how to support families and loved ones as well as how to care for someone after they have died.

Caring for Someone Who has Died and Supporting their Loved Ones

Run by St Margaret's Hospice

Duration - Half a day

Open to - Everyone

Credits - 3



St Margaret's
Hospice Care

Book here

[St Margaret's Hospice
Education | Resources
| End Of Life \(eolcare.
uk\)](#)



This session explores the practicalities of what happens to a person after they have died as well as how to support their families and loved ones during this time. We will explore how to look after yourself and colleagues too.

Loss, Grief and Bereavement

Run by St Margaret's Hospice

Duration - One day

Open to - Everyone

Credits - 6



St Margaret's
Hospice Care

Book here

[St Margaret's Hospice
Education | Resources
| End Of Life \(eolcare.
uk\)](#)



This full day course allows for a deeper exploration into grief, loss and how to support individuals through their bereavement.

Bereavement Study Day

Run by Somerset NHS FT

Duration - One day

Open to - Everyone

Credits - 6



Book here

[Somerset NHS Founda-
tion Trust Education |
Resources | End Of Life
\(eolcare.uk\)](#)



The course will cover all aspects of the practical and professional aspects of bereavement as well the theories of grief. This course will also cover spiritual care and after death care.

Bereavement

Run by Weston Hospice Care

Duration - Two days

Open to - Everyone

Credits - 12



Book here

[Weston Hospice
Care Education |
Resources | End Of
Life \(eolcare.uk\)](#)



The course will extensively cover grief and bereavement and is facilitated by experts based at Weston Hospice Care.

Education Skills

Train the Trainer - Simulation

Run by St Margaret's Hospice

Duration - One day

Open to - Everyone

Credits - 6



Book here

[St Margaret's
Hospice Education |
Resources | End Of
Life \(eolcare.uk\)](#)



Curious about Simulation and how it can help improve efficiency, outcomes, and teamwork? Join us for a 1-day course where we will teach you the techniques of simulation and equip you to run simulations in your own area of work. We will help you to design a scenario that works for you, run a simulation start to finish, and debrief afterwards. (See page 9 for more information)

Spiritual Care

From patient diagnosis to family bereavement: supporting the spiritual journeys of both patient and family

Run by St Margaret's Hospice

Duration - Three days

Open to - Everyone

Credits - 18



Book here

[St Margaret's
Hospice Education |
Resources | End Of
Life \(eolcare.uk\)](#)



You will explore your understanding, the breadth and meaning of spiritual care & assessing its importance at end of life. Thinking about your role as a provider of spiritual care, and be able to identify and understand the spiritual needs of patients, relatives & carers and how to support them whilst at the same time reflect on your own spirituality.

Simulation Education

Simulation is a learning methodology which uses recreation or amplification of real-life situations. Simulation provides a safe, supportive environment in which learners can work on their skills and knowledge with no risk to service users. It is an interactive learning experience, including debriefing to ensure that learning has taken place and psychological safety has been maintained for everyone taking part.

Within the End of Life Care Network, we are able to run a variety of simulation scenarios in a number of different locations for both clinical and non-clinical staff. We can even bring Simulation to your place of work.

Simulation sessions are worth 1 credit each as part of our Award scheme!

Interested in a sim opportunity for your team?
Have a specific learning need that you wish to discuss?
Contact us today to find out more and book:



Email education@st-margarets-hospice.org.uk or visit
[Simulation Education](#) | [Resources](#) | [End Of Life \(eolcare.uk\)](#)

‘Cards Against Calamity’

‘Cards Against Calamity’ is part of the Simulation method of learning. It is an educational resource developed by St Margaret’s Hospice for the use of teams to help them problem solve different scenarios. It is a fun and thought-provoking way to develop skills and teamwork. Interested in finding out more? Looking to order a set of cards for your own team?

Contact education@st-margarets-hospice.org.uk

Bespoke Education

Interested in one of our courses, but the dates or location offered doesn't fit into you/your teams schedule? Do you have a specific service that our content would need adapting for e.g mental health inpatient unit or learning disability care home? Do you require a more accessible format? Our aim in the network is to make end of life care education open, inclusive and appropriate to all who need it. In order to provide a bespoke education session we require:

- A suitable room with audio-visual display equipment
- For you to supply hospitality and amenities to the attendees

Contact us today with your specific requirements and we will be in touch for a consultation EOLCEducation@somersetft.nhs.uk or education@st-margarets-hospice.org.uk

Our bespoke education sessions will be worth credit towards the Award scheme (number of credits is dependant on education completed).

Online Community of Practice

Project
ECHO



St Margaret's
Hospice Care

Book all sessions here

Project ECHO

Are you a Health or Social Care Professional or care home interested in developing your knowledge of Palliative Care? Project ECHO

links health and social care professionals and care and domiciliary care providers with the hospice, providing monthly online teaching and learning session covering all aspects of palliative and end of life care

[St Margaret's Hospice |](#)
[Project ECHO \(st-](#)
[margarets-](#)
[hospice.org.uk\)](#)



When you sign will have access to:

- Ten 60 minute facilitated ECHO sessions per year
- Share knowledge and network with other professionals in Somerset
- Access to a variety of specialists in palliative care
- Certificate of attendance

The Somerset End of Life Care Education Award

Name:.....

Role/Place of work:.....

Name of education session	Date	Credit	Educator signature
e.g. Communication in EOLC	01/12/2023	6	L Jones

	TOTAL CREDIT
--	---------------------

Date that 12 total credits was achieved.....

Once you have achieved a minimum of 12 credits (congratulations!) please screenshot or photocopy this page and email to EOLCEducation@somersetft.nhs.uk or post to End of Life Care Education, Palliative Care Office, Old Building, Musgrove Park Hospital, Parkfield Drive, Taunton, TA1 5DA.

We will be in touch shortly to confirm your Award and arrange issue of your certificate and badge. You will also have the option to attend the Somerset End of Life Care Conference for free* as our thank you for your ongoing commitment to the improvement of end of life care in our county.

*whilst stocks last



*‘You matter because you are you,
and you matter to the end of your
life. We will do all we can not only
to help you die peacefully, but also to
live until you die’*

— Cicely Saunders

July 23/ Review July 26

somerset.eolcare.uk